Information For the Use Alfuzosin (10mg) + Dutasteride (0.5mg)

Alfuxyle D Tablet

Alfuzosin 10mg + Dutasteride 0.5mg Tablet

Description:

Alfuzosin 10mg + Dutasteride 0.5mg Tablet is a combination medication used primarily for the treatment of benign prostatic hyperplasia (BPH), also known as an enlarged prostate.

Composition:

Each tablet contains:

Alfuzosin: 10 mgDutasteride: 0.5 mg

Indications:

The Alfuzosin 10mg + Dutasteride 0.5mg Tablet is used for the treatment of:

- 1. Benign Prostatic Hyperplasia (BPH):
 - This combination is used to relieve symptoms of BPH, such as difficulty urinating, weak urine stream, frequent urination, and the feeling of incomplete bladder emptying.
- 2. Reduction of Prostate Size:
 - Dutasteride helps to shrink the enlarged prostate by inhibiting the conversion of testosterone to dihydrotestosterone (DHT), a hormone responsible for prostate growth.

- Recommended Dose:
 - One tablet once daily, preferably taken after the same meal each day.
- Duration of Treatment:
 - Treatment should be continued as prescribed by the doctor. Benefits may take several months to become apparent, particularly for the prostate-shrinking effects of dutasteride.

How to Take:

- 1. Swallow the tablet whole with a glass of water.
- 2. Do not chew, crush, or break the tablet.
- 3. Take the tablet after food to help improve absorption.
- 4. Follow your doctor's instructions for dosage and timing.

Side Effects:

Common side effects of Alfuzosin 10mg + Dutasteride 0.5mg Tablet may include:

- Dizziness, headache, or fatigue.
- Sexual dysfunction, including decreased libido, erectile dysfunction, or ejaculation disorders.
- Breast tenderness or enlargement in some men.
- Orthostatic hypotension (a drop in blood pressure when standing up), which may cause dizziness or lightheadedness.

Serious side effects (rare but possible):

Dosage and Administration:

- Severe allergic reactions (swelling, rash, difficulty breathing).
- Liver issues (yellowing of the skin or eyes, dark urine, abdominal pain).
- Chest pain or palpitations.
- Severe dizziness or fainting.

If any of these occur, contact your healthcare provider immediately.

Precautions:

- 1. Liver or Kidney Issues:
 - Use caution when administering this combination to patients with liver or kidney impairment.
 Adjustments to the dosage may be necessary.
- 2. Pregnancy and Women of Childbearing Potential:
 - Dutasteride can cause birth defects and should not be taken by women, especially if pregnant or planning to become pregnant, as it may cause harm to the male fetus. Women should avoid handling crushed or broken tablets of dutasteride.

3. Hypotension:

 Alfuzosin may cause low blood pressure, especially when standing up. Use with caution in patients with low blood pressure or those taking medications that lower blood pressure.

4. Prostate Cancer:

 Before starting this medication, your doctor should rule out prostate cancer, as both alfuzosin and dutasteride can affect prostate-specific antigen (PSA) levels, which are used for monitoring prostate health.

5. Eye and Vision Issues:

 If you experience vision changes, including difficulty in seeing at night, inform your doctor.

Interactions:

- Alpha-blockers (e.g., doxazosin, prazosin):
 - Combining with other alphablockers may increase the risk of hypotension (low blood pressure).
- Antifungal medications (e.g., ketoconazole):
 - These may increase alfuzosin levels, leading to an increased risk of side effects.
- CYP3A4 inhibitors:
 - Medications that inhibit the CYP3A4 enzyme, like certain antibiotics (e.g., erythromycin) or antifungals, may increase alfuzosin levels, enhancing side effects.

Storage Instructions:

- Store at room temperature (15°C to 30°C).
- Keep the tablet in a dry place and away from direct sunlight.
- · Keep out of reach of children.

Note: Alfuzosin 10mg + Dutasteride 0.5mg Tablet should be taken under the supervision of a healthcare provider.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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